



Leslie Josel

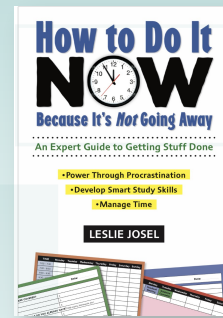
Keynote Speaker & Award-Winning Student/Parenting Expert



With her energy, engaging wit and common-sense approach, Leslie Josel has won over audiences all over the world. As an ADHD Student and Parenting Coach, Leslie brings over 16 years of experience to her speaking engagements. Known for her content-rich and interactive presentations, she uses her **“Tales from the Trenches”** and trademark **“Triple T’s”** (tips, tools and techniques), to untangle such complex and emotionally-charged subjects as ***Raising Problem Solvers vs Direction Followers***, ***Maintaining Motivation in an Unfocused World*** and ***Powering Through Procrastination*** to name a few.

Whether making a keynote address or leading a workshop, members of parent groups and associations all come away from Leslie’s appearances with a better understanding of the challenges facing them and a notepad filled with actionable steps. A well sought-after expert on ADHD, student struggles and common parenting challenges, Leslie has conducted workshops and keynotes for The Kuwait Association of Learning Differences, The UJA Federation, The American Association of Diabetes Educators and Cornell University to name a few.

Named by Global Gurus as one of the top **Time Management Experts** in the world five years in a row, Leslie is also the award-winning author of 3 books, including the recently published, ***How To Do It Now Because It’s Not Going Away: An Expert Guide to Getting Stuff Done***.



Most Popular Talks

Raising Problem Solvers vs Direction Followers

How do we get our children to take ownership, responsibility, and be accountable for their time and tasks? How can we as parents and educators stop telling them what to do and how to do it? Leslie’s signature “coach approach” style teaches parents and educators how to help children develop individualized and achievable plans to address issues, devise manageable steps to reach goals, and learn strategies and techniques that foster independence and competency. She explores the tools needed to help strengthen the child’s brain so they can build habits, routines, and memory skills.

How to Do it Now Because It’s Not Going Away: Powering Through Procrastination

Let’s face it. Everyone procrastinates. And while we’re all wired to put things off, we also have the capacity to manage this tendency. In this workshop, Leslie will dive deep into the different types of procrastination, explain how “mood” is one of the leading causes of procrastination, dissect the differences between time management and motivation management, and share how your environment plays an ENORMOUS role in how you get things done. Leslie will offer up her real solutions and strategies to help you initiate, sustain effort, and remove your barriers to entry. and share how your environment plays an ENORMOUS role in how you get things done.

Partial Client List

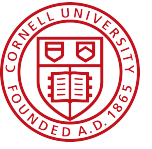


LDA
Learning Disabilities
Association of America

NYC
Department of
Education



UJA Federation
NEW YORK



What People Are Saying

“ Thank you for ensuring that our Matan Institute Conference ended with a bang! My only complaint is that we didn’t meet you sooner! So glad that we were introduced and our conference participants were lucky to learn from you. You are **OUTSTANDING**.

— Dori Kirshner, Executive Director, The Matan Institute

“ I massively appreciate your coming to Rochester to inspire our teens! We got incredible feedback on your presentation and it’s obvious you’re a **TRUE PRO!** Thank you for all you do to inspire others and change the world.

— David Mammano, CEO, NextStepU

“ It was a huge hit. There were requests to have you come back and speak again, to move in with people, even have you cloned!

— Alison B, Program Director, Smart Kids With Learning Disabilities

Hire Leslie To Speak at Your Next Event

914-315-9282

leslie@orderoochaos.com

www.orderoochaos.com

