



Speaking Topics

These topics are customizable to the needs of your conference, organization, or business.

Raising Problem Solvers vs. Direction Followers

How do we get our children to take ownership, responsibility, and be accountable for their time and tasks? How can we as parents and educators stop telling them what to do and how to do it? Leslie's signature "coach approach" style teaches parents and educators how to help children develop individualized and achievable plans to address issues, devise manageable steps to reach goals, and learn strategies and techniques that foster independence and competency. She explores the tools needed to help strengthen the child's brain so they can build habits, routines, and memory skills.

Stress-Free Studying: Smart Strategies for Student Success

STUDY. Why is it that such a small word produces so much fear, anxiety, and paralysis in our students. For some, it's simply they don't know how. Or the methods they've been taught don't work for them. They learn differently so therefore they need to study differently. For others, getting started is too difficult. Too overwhelming. Or just too much. Leslie brings to the table over 16+ years as an academic/life coach working with thousands of students to show us what truly works.. and what doesn't. She teaches the EXACT methods students need to take notes, study smarter, ace exams and create fun study tools.

Late, Lost & Lagging Behind: Demystifying Executive Functions & ADHD

Executive function skills are essential to how we learn and act. They're the brain's ability to self-regulate, complete tasks, be time aware and remember information. In essence, they control EVERYTHING we do. Leslie covers the six pillars of Executive Functions, including time management, working memory, effort and mood regulation. She'll highlight the importance of understanding Executive Age, and provide insight in how we can help our students strengthen their EF muscle. Leslie will also bring her signature "Triple T's" to the table, offering REAL practical tips and tools to help conquer organization, time management, and focusing challenges.

How To Do It Now Because It's Not Going Away: Powering Through Procrastination

Let's face it. Everyone procrastinates. And while we're all wired to put things off, we also have the capacity to manage this tendency. In this workshop, Leslie will dive deep into the different types of procrastination, explain how "mood" is one of the leading causes of procrastination, dissect the differences between time management and motivation management, and share how your environment plays an ENORMOUS role in how you get things done. Leslie will offer up her real solutions and strategies to help you initiate, sustain effort, and remove your barriers to entry.

Can I Have Your Attention? Real Strategies for Raising Kids in the Digital World

Distractions are everywhere. From the constant type, tap, swipe, click to the endless toll of the scroll! And every day is another battle. In this workshop, Leslie will deliver up-to-date information on the newest apps your children are using and why it's critical you know them! She'll dig into her over 15 years of coaching parents and students to show us what we're doing right, doing wrong, and just not doing! She'll explain her "5-Step Screen Strategy" for managing your child's tech usage. . and yours! She'll also explore ways to increase focus and attention.

It's 9:00 PM: Don't You Have Homework To Do?: Taming The Homework Madness

Do you dread the constant homework battles every night? Are you spending hours hovering and hand-holding? Do you wish they would just get their work done...on their own? In one of Leslie's most popular talks, she shares how to create a "Personal Homework Profile" for your student so they can learn the best way to get homework done. She'll also cover the most effective and anti-boring tools and methods for your student to use, her "secret sauce" for getting students unstuck and started, and how to set up your student's environment so it engages them to get homework done.

Distance Learning Crash Course: Set Your Student Up for Success

Everything you thought you knew went completely out the door when your kids came through it! How do you keep the calm, manage the interruptions, establish new routines, and maintain the motivation mojo when there simply isn't any? Leslie covers everything from navigating new rules and boundaries, setting up motivating work environments, establishing new systems and transitions, and even how to minimize "Zoom Gloom." If you're pulling the hair out of your hair trying to navigate the "now normal," Leslie has the answers.

The "Cost" of Living in the Clutter Culture

With the prevalence of Marie Kondo, minimalism, and the "experience" movement in the popular media, clutter and our relationship to it is more popular than ever before. Leslie will dive into how much our clutter is truly costing us in time, money, and space, the effect it has on us emotionally, and how organizing and managing these possessions has grown into a billion-dollar industry. Leslie will challenge us to address the relationship between the stuff in our head and what's under our bed, our attachment to our belongings and provide us with tips, tools, and techniques for letting go, scaling back, and making sure that our stuff truly matters.

The Prequel To Productivity: Understanding What Truly Is Getting In YOUR Way

Time is one of our most precious resources, yet we battle daily to make sense of our relationship to it. Leslie will analyze the social, emotional, and intellectual elements that rob us of our productivity and pinpoint key tools towards reframing these roadblocks. In addition, participants will create their own "Personal Productivity Profile" in order to maximize best practices. She'll also discuss the differences between motivation management and time management, the significant role that environment plays in both, and your relationship to work.

"What's Your Story?": Using Authentic Storytelling to Grow a Best-in-Class Business

How many times have you listened to a successful industry expert describe their intimate and personal path to building their business and instantly identified with them, their mission and their "story?" And how many times have you wondered how did they incorporate their personality and journey as well as their mistakes and missteps to create the narrative for their business and brand? Leslie shows us how authentic storytelling can be the catalyst to establishing, maintaining and growing a best-in-class business with integrity and connection. Using hands-on exercises, you'll get crystal clear on the essential 4 "Ps" (purpose, principles, passion and people) needed to define your business' mission and audience. She'll illustrate how crafting your business' origin statement can connect your audience to your story in the most compelling manner. And she'll teach you how authenticity and vulnerability in your storytelling can be your greatest marketing asset.

How to Create Multiple Streams of Income For Your Business

Are you tired of earning money as labor for hire? Would you like to earn money while you sleep? As an award-winning entrepreneur and coach for over 16 years, I turned my local, sole-practitioner business into a multi-faceted (products, speaking, writing, etc.), global and virtual company. I've helped countless business owners not only build their businesses but also help them build a strong foundation FIRST so that each new element works seamlessly to support the others.

Speak up! Create Powerful Workshops and Webinars to Market Your Business!

Are you tired of finding clients one at a time? If you want to reach a larger audience and grow your business; workshops and webinars are the answer! We'll review killer presentation styles, dive into steps needed to be an expert, learn my 5 "Ps" to successful workshops, and the key to generating referrals.

Hire Leslie To Speak at Your Next Event!